

Harcum Fitness & Aquatic Center-614-501-1461

June Schedule - Facility Hours: Mon. – Fri. 7:00am-7:00pm, Sat. 9:00am-1:00pm

Resident Only Classes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30am Feeling Fit 1, HC – Debbie <i>Shuttle Service Provided</i>	9:30am Balance Training, KC – Debbie	9:30am Feeling Fit 1, HC – Debbie <i>Shuttle Service Provided</i>	9:30am Balance Training, KC – Debbie	9:30am Feeling Fit 1, HC – Debbie <i>Shuttle Service Provided</i>	10:15am Chair Yoga, KC – Jen
10:00am Feeling Fit 1, HC – Debbie <i>Shuttle Service Provided</i>	10:00am Feeling Fit 2, HC- Debbie <i>Shuttle Service Provided</i>	10:00am Feeling Fit 1, HC – Debbie <i>Shuttle Service Provided</i>	10:00am Feeling Fit 2, HC- Debbie <i>Shuttle Service Provided</i>	10:00am Feeling Fit 1, HC – Debbie <i>Shuttle Service Provided</i>	
11:00am Volleyball, T – Bonnie	12:00pm Adaptive Feeling Fit, KC - Debbie	11:00am Volleyball, T – Bonnie	11:00am Zumba Gold, KC – Cindi	11:00am Volleyball, T – Bonnie	
11:00am Arthritis Aquatics, HC – Michelle <i>Shuttle Service Provided</i>		11:00am Arthritis Aquatics, HC – Michelle <i>Shuttle Service Provided</i>	12:00pm Adaptive Feeling Fit, KC – Debbie	11:00am Arthritis Aquatics, HC – Michelle <i>Shuttle Service Provided</i>	
3:00pm Corn Hole, KC - Bonnie			1:00pm Chair Yoga, KC – Debbie		
			3:00pm Corn Hole, KC – Bonnie		

- Thursday: No Feeling Fit 2 on 2nd Thursday of the month.
- Thursday: No Chair Yoga on 3rd Thursday of the month.

