



# September 2017

## PARKSIDE & RIDGE HOMES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Visit Wahkeena Nature Preserve. Box lunch. Wednesday September 6</b>	Please sign up at the Front Desk for all Trips, Lunch Bunch and events.	<b>MAKE TIME FOR YOUR BRAIN FITNESS SESSIONS ON THE DAKIM MACHINE! LOCATED IN THE GAME ROOM</b>	Tune into channel 25 to view daily events Life Enrichment Coordinator Lori Mallory 501-1402 Wellness Coordinator Nathan Harvey 501-2201	<b>RUMMIKUB</b> Join the fun each evening at 6:30 in the Bistro. All are welcomed!	<b>1</b> 9:30-2:00 Mott's Military Museum & Lunch 10:00-12:00 Clinic 10:00 Feeling Fit Land H 11:00 Chair Volleyball T 11:00 Arthritis Aquatic H	<b>2</b> 10:15 Chair Yoga U 1:00 Corn Hole 6:30 Movie T
<b>3</b> 8:15 Bus to Peace UMC 6:30 Vespers KC	<b>4 Labor Day</b> 6:30 Movie T	<b>5</b> 10:00 Feeling Fit Pool H 10:30-2:30 Lunch Bunch 11:00 Arthritis Aquatic H 1:00 Kroger 3:00 Coloring PC 6:00 Bridge U 6:30 Concert: Full Sound Chamber Group	<b>6</b> 10:00-12:00 Clinic 10:00 Feeling Fit Land H 10:30 Book Table L 10:00-2:00 Trip: Wahkeena 11:00 Chair Volleyball T 11:00 Arthritis Aquatic H 1:00 Balance Fallproof H 2:30 Writers' Group C	<b>7</b> 10:00-4 Needlework C 10:00 Feeling Fit Pool H 10:00 Walmart 11:00 Arthritis Aquatics H 1:00-3:00 Brushstrokes of Color 1:00 Chair Yoga H 3:00 Wii bowling/golf U 3:00 BINGO P 6:30 Bible Study U	<b>8</b> 10:00-12:00 Clinic 10:00 Feeling Fit Land H 11:00 Chair Volleyball T 11:00 Arthritis Aquatic H 1:00 Scrapbooking S 3:00 Show and Share T	<b>9</b> 10:15 Chair Yoga U 1:00 Corn Hole 7:30 OSU game T
<b>10</b> 8:15 Bus to Peace UMC 6:30 Vespers KC	<b>11</b> 10:00 Feeling Fit Land H 11:00 Chair Volleyball T 11:00 Arthritis Aquatic H 1:00 Tai Chi H 1:00-3:00 Clinic 1:30 Alaska Trip-Dan T 3:15 Crosswords T 6:30 Movie T	<b>12</b> 10:00 Feeling Fit Pool H 11:00 Arthritis Aquatic H 11:00 Current Events T 11:00-1:30 Johnson's Ice Cream 1:00 Kroger 2:30 Info meeting on trips/lunch with Cheryl T 3:00 Coloring PC 6:00 Bridge U	<b>13</b> 9:15 -12:30 Chair V-ball game at Baltimore 10:00-12:00 Clinic 10:00 Feeling Fit Land H 11:00 Arthritis Aquatic H 1:00 Balance Fallproof H 1:30 Price is Right T 3:30 Drama Club C 3:00 Bible Study U	<b>14</b> 10:00-4 Needlework 10:30 David Lawrence Magician T 11:00 Arthritis Aquatics H 1:00 Chair Yoga H 3:00 Wii bowling/golf U 3:00 BINGO P 6:30 Bible Study U	<b>15</b> 10:00-12:00 Clinic 10:00 Feeling Fit Land H 11:00 Chair Volleyball T 11:00 Arthritis Aquatic H 2:00 Educational: The weather with speaker Diana T 2:00 Food Facts Lisa U 3:30 Name That Tune T	<b>16</b> 10:15 Chair Yoga U 1:00 Corn Hole 4:30 OSU game T
<b>17</b> 8:15 Bus to Peace UMC 6:30 Vespers KC	<b>18</b> 10:00 Feeling Fit Land H 11:00 Chair Volleyball T 11:00 Arthritis Aquatic H 1:00 Tai Chi H 1:00-3:00 Clinic 2:30-3:30 Info meeting with Lori on developing committees for events T 6:30 Movie T	<b>19 WESTERN DAY</b> 10:00 Feeling Fit Pool H 11:00 Arthritis Aquatic H 1:00 Kroger 3:00 Coloring PC 4:00 Western Play L 6:00 Bridge U 6:30 Concert: Western Night with Mark Gordon-Gaskill KC	<b>20</b> 10:00-12:00 Clinic 10:00 Feeling Fit Land H 10:30 Book Table L 11:00 Chair Volleyball T 11:00 Arthritis Aquatic H 11:30 Fall wreath making S 1:00 Balance Fallproof H 2:30 Writers' Group C 3:00 Bible Study U	<b>21</b> 10:00-4 Needlework C 10:00 Feeling Fit Pool H 10:00 Walmart 11:00 Arthritis Aquatics H 1:00-3:00 Brushstrokes of Color 1:00 Resident Update T 2:00 Resident Association T 1:00 Chair Yoga H 3:00 Wii bowling/golf U 3:00 BINGO P 6:30 Bible Study U <i>Jewish New Year</i>	<b>22</b> 10:00-12:00 Clinic 10:00 Feeling Fit Land H 11:00 Chair Volleyball T 11:00 Arthritis Aquatic H 1:00 Grab bag with Nathan T	<b>23</b> 10:15 Chair Yoga U 1:00 Corn Hole TBA OSU game T
<b>24</b> 8:15 Bus to Peace UMC 6:30 Vespers KC	<b>25</b> 10:00 Feeling Fit Land H 11:00 Chair Volleyball T 11:00 Arthritis Aquatic H 1:00 Tai Chi H 1:00-3:00 Clinic 6:30 Movie T	<b>26</b> 10:00 Feeling Fit Pool H 11:00 Arthritis Aquatic H 11:00 Current Events T 1:00 Kroger 12:30 Book Club C 3:00 Coloring PC 6:00 Bridge U	<b>27</b> 10:00-12:00 Clinic 10:00 Feeling Fit Land H 11:00 Chair Volleyball T 11:00 Arthritis Aquatic H 1:00 Balance Fallproof H 2:00 Plants Alive T 3:00 Bible Study U 4:30 Birthday dinner 6:30 Concert: Wade Jones KC	<b>28</b> 9:30-2:30 Metro Park Senior Camp at Blacklick 10:00-4 Needlework C 10:00 Feeling Fit Pool H 10:00 Walmart 11:00 Arthritis Aquatics H 11:30 Ladies Luncheon D 1:00-3:00 Brushstrokes of Color 1:00 Chair Yoga H 3:00 Wii bowling/golf U 3:00 BINGO 6:30 Bible Study U	<b>29</b> 10:00-12:00 Clinic 10:00 Feeling Fit Land H 11:00 Chair Volleyball T 11:00 Arthritis Aquatic H 1:00 20 Questions T 3:00 My Very Own blanket/blanket making for foster children S	<b>30</b> 10:15 Chair Yoga U 1:00 Corn Hole TBA OSU game  Yom Kippur

### Happy Birthday

Join us on Wednesday, September 27  
 Parkside Dining Room  
 Concert to follow:  
 6:30 Kimes Chapel  
 Wade Jones

### Lunch Bunch

**WATT'S FAMILY RESTAURANT**  
 Utica, Ohio  
 and Branstool Orchard  
 Tues. Sept. 5  
 10:30-2:30

### Bank Hours of Operation

Heartland Wednesday  
 10-11AM  
 Fairfield Bank Thursday  
 11-11:30

### Location Key

B= Bistro  
 C= Columbus Rm.  
 KC= Kimes Chapel  
 D= Dining Rm.  
 G= Game Room  
 H= Harcum Center  
 L= Library  
 P= Private Dining Room  
 S= Art Studio  
 T= Theater  
 U= University Rm.  
 PC= Parkside Conference  
 PT= Patio