








September 2017

ENGLISH GARDEN 1 AT WESLEY RIDGE PROGRAM CALENDAR



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Aroma Hand Wash 12:30 & 5:00	Life Enrichment Staff: Effie Haag Mia Lewis				1 9:45 BBET 10:00 Morning Update 10:30 Exercise 11:00 Fill in the blanks 2:00 Board Games & Popcorn 3:00 Name that Tune	2 10:00 Update 10:30 Fun & Fitness 11:00 Scott Steelman 1:30 Room Visits 2:30 BINGO & Snack 4:00 Room Visits
3 10:00 Morning Update 10:30 Stretching 11:00 Nail care 2:00 Bake Shop 3:15 Hymn Sing 4:15 Vespers	4 Labor Day 9:45 Morning Update 10:00 Exercise 11:00 Reminiscing 1:30 Room Visits 2:00 Corn Hole, 2fl 2:45 Sing Along	5 10:00 Art w/ Mary 11:00 Snack & Chat 2:00 Devotions 3:00 Mary Kerr	6 9:45 Update 10:00 Exercise 11:00 Brain Games 1:45 Room Visits 2:00 Social Hour 3:00 Plants Alive	7 9:45 BBET 10:00 Morning Update 10:30 Exercise 11:00 Sensory 2:00 Bowling 4:00 Room Visits	8 9:45 BBET 10:00 Morning Update 10:30 Exercise 11:00 Interactive Time 2:00 Chair Volleyball, 2fl 3:00 Name that Tune	9  10:00 Update 10:30 Fun & Fitness 11:00 Nail Care 1:30 Room Visits 2:30 BINGO & Snack
10 10:00 Bake Shop 10:30 Morning Update 11:00 Stretching 2:00 Nail Care 3:15 Hymn Sing 4:15 Vespers	11 9:45 Update 10:00 Exercise 10:45 Famous People BINGO 1:30 Room Visits 2:00 Corn Hole, 2fl 2:45 Sing Along	12 10:00 Art w/ Mia 11:00 Snack & Chat 1:30 Room Visits 2:00 Devotions 3:00 T- Stretching	13 9:45 Update 10:40 Mary Miller 11:00 Fun in Fitness 11:30 Brain Games 1:45 Room Visits 2:30 Social Hour	14 10:00 Morning Update 10:30 Exercise 11:00 Reminiscing 2:00 Bowling 4:00 Room Visits	15 9:45 BBET 10:00 Morning Update 10:30 Exercise 11:00 Fill in the blank 2:00 Ice Cream Shop  3:00 Name that Tune	16  10:00 Update 10:30 Fun & Fitness 11:00 Nail Care 1:30 Room Visits 2:30 BINGO & Snack 4:00 Room Visits
17 10:00 Morning Update 10:30 Stretching 11:00 Nail care 2:00 Bake Shop 3:15 Hymn Sing 4:15 Vespers	18 9:45 Update 10:00 Exercise 10:30 Reminiscing 11:00 Scott Steelman 1:30 Branches of Vine, 2fl 2:45 Sing Along	19 9:45 BBET 10:00 Art w/ Mary 11:00 Snack & Chat 2:00 Devotions 3:00 Mary Kerr 3:30 BBET	20 9:45 Update 10:00 Mark Cambden 11:00 Brain Games 1:45 Room Visits 2:30 Birthday Party 	21 9:45 BBET 10:00 Morning Update 10:30 Exercise 11:00 Sensory 2:00 Bowling 4:00 Room Visits	22 9:45 BBET 10:00 Morning Update 10:30 Exercise 11:00 Interactive Time 2:00 Board Games & Popcorn 3:00 Name that Tune	23  10:00 Update 10:30 Fun & Fitness 11:00 Nail Care 1:30 Room Visits 2:30 BINGO & Snack
24 10:00 Bake Shop 10:30 Morning Update 11:00 Stretching 2:00 Nail Care 3:15 Hymn Sing 4:15 Vespers	25 9:45 Update 10:00 Exercise 10:45 Famous People BINGO 1:30 Room Visits 2:00 Susan Cowell 2:45 Sing Along	26 9:45 BBET 10:00 Art w/ Mary 11:00 Snack & Chat 2:00 Devotions 3:00 T- Stretching 3:30 BBET	27 9:45 Update 10:00 Exercise 11:00 Brain Games 1:45 Room Visits 2:30 Social Hour	28 10:00 Morning Update 10:30 Exercise 11:00 Reminiscing 11:30 Ladies lunch 2:00 Bowling 4:00 Room Visits	29 9:45 BBET 10:00 Morning Update 10:30 Exercise 11:00 Fill in the blank 2:00 Chair Volleyball 3:00 Name that Tune	30 10:00 Update 10:30 Fun & Fitness 11:00 Nail Care 1:30 Room Visits 2:30 BINGO & Snack

**Wesley Ridge Retirement
Community**
2225 Taylor Park Drive
Reynoldsburg, Ohio
43068



**Life Enrichment
Coordinator**
Richelle Bhandari #501-1305

**Program Calendar may be
subject
to change at any time.**