




March 2019

ENGLISH GARDEN 1 AT WESLEY RIDGE PROGRAM CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31 10:00 Morning Update 10:30 Stretching 11:00 Nail care 2:00 Bake Shop 3:15 Hymn Sing 4:15 Vespers		Aroma Hand Wash 12:30 & 5:00	Life Enrichment Staff: Effie Haag Mia Lewis		1 9:45 BBET 10:00 Morning Update 10:30 Exercise 11:00 Noodle ball 2:00 Games	2 10:00 Update 10:30 Fun & Fitness 11:00 Nailcare 1:30 Room Visits 2:30 BINGO & Snack 4:00 Room Visits
3 10:00 Morning Update 10:30 Stretching 11:00 Nail care 2:00 Bake Shop 3:15 Hymn Sing 4:15 Vespers	4 9:45 Morning Update 10:00 Exercise 11:00 Reminiscing 1:30 Room Visits 2:00 Corn Hole 2:45 Sing Along	5 40's in the Morning 10:00 Art w/ Mary 11:00 Snack & Chat 2:00 Devotions 3:00 Mary Kerr	6 9:45 Move & Groove 10:30 Ash Wed. Service 11:00 Jumbo Ring Toss 1:45 Room Visits 2:30 Movies & Popcorn	7 10:00 Morning Update 10:30 Exercise 11:00 Sensory 2:30 Fireside Chat, BP 4:00 Room Visits	8 9:45 BBET 10:00 Morning Update 10:30 Exercise 11:00 Kerplunk 2:00 Jumbo Ring Toss	9 10:00 Update 10:30 Fun & Fitness 11:00 Nail Care 1:30 Room Visits 2:30 BINGO & Snack
10 10:00 Morning Update 10:30 Nail Care 11:00 Stretching 2:00 Bake Shop 3:15 Hymn Sing 4:15 Vespers	11 9:45 Update 10:00 Exercise 11:00 Scott Steelman 1:30 Room Visits 2:00 Corn Hole 2:45 Sing Along	12 40's in the Morning 10:00 Art w/ Mary 11:00 Snack & Chat 1:30 Room Visits 2:00 Devotions 3:00 Mary Kerr	13 9:45 Move & Groove 10:00 BINGO fun 10:40 Mary Miller 1:45 -Room Visits 2:30 Social Hour w/snack	14 10:00 Morning Update 10:30 Exercise 11:00 Reminiscing 2:30 Fireside Chat, BP 4:00 Room Visits	15  9:45 BBET 10:00 Morning Update 10:30 Exercise 11:00 Noodle ball 2:00 St. Patrick's Party	16 10:00 Update 10:30 Fun & Fitness 11:00 Nail Care 1:30 Room Visits 2:30 BINGO & Snack 4:00 Room Visits
17 10:00 Morning Update 10:30 Nail Care 11:00 Stretching 2:00 Bake Shop 3:15 Hymn Sing 4:15 Vespers	18 9:45 Update 10:00 Exercise 10:30 Reminiscing 11:00 Scott Steelman 2:00 Corn Hole 2:45 Sing Along	19 40's in the Morning 10:00 Art w/ Mary 11:00 Snack & Chat 2:00 Devotions 3:00 T- Stretching	20 9:45 Move & Groove 10:00 Mark Cambden 11:00 Brain Games 1:45 Room Visits 2:30 Movie & Popcorn	21 10:00 Update 10:30 Exercise 11:00 Sensory 11:30 Men's Luncheon 2:30 Fireside Chat, BP 4:00 Room Visits	22 9:45 BBET 10:00 Morning Update 10:30 Exercise 11:00 Kerplunk 2:00 Jumbo Ring Toss	23 10:00 Update 10:30 Fun & Fitness 11:00 Nail Care 1:30 Room Visits 2:30 BINGO & Snack
24 10:00 Morning Update 10:30 Nail Care 11:00 Stretching 2:00 Bake Shop 3:15 Hymn Sing 4:15 Vespers	25 9:45 Update 10:00 Exercise 10:45 People BINGO 1:30 Room Visits 2:00 Corn Hole 2:45 Sing Along	26 40's in the Morning 10:00 Art w/ Mary 11:00 Snack & Chat 2:00 Devotions 3:00 T- Stretching	27 9:45 Move & Groove 10:00 Exercise 11:00 Brain Games 1:45 Room Visits 2:30 Social Hour w/snack	28 10:00 Update 10:30 Exercise 11:00 Reminiscing 2:30 Fireside Chat, BP 4:00 Room Visits	29 9:45 BBET 10:00 Morning Update 10:30 Exercise 11:00 Noodle ball 2:00 Games	30 10:00 Update 10:30 Fun & Fitness 11:00 Nail Care 1:30 Room Visits 2:30 BINGO & Snack



Wesley Ridge Retirement Community
 2225 Taylor Park Drive
 Reynoldsburg, Ohio
 43068



Life Enrichment Coordinator
 Richelle Bhandari #501-1305

Program Calendar may be subject to change at any time.