

# February 2019

## ENGLISH GARDEN 1 AT WESLEY RIDGE PROGRAM CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Aroma Hand Wash</b> 12:30 & 5:00	<b>Life Enrichment Staff:</b>  Effie Haag Mia Lewis					
<b>3</b> 10:00 Morning Update 10:30 Stretching 11:00 Nail care 2:00 Bake Shop 3:15 Hymn Sing 4:15 Vespers	<b>4</b> 9:45 Morning Update 10:00 Exercise 11:00 Reminiscing 1:30 Room Visits 2:00 Corn Hole 2:45 Sing Along	<b>5</b> 9:30 <b>40's in the morning</b> 10:00 Art w/ Mary 11:00 Snack & Chat 1:45 One on One 2:00 Devotions 3:00 Mary Kerr	<b>6</b> 9:30 Move & Groove 10:00 <b>Jumbo Ring toss</b> 11:00 Brain Games 1:45 Room Visits 2:30 Movie & Popcorn	<b>7</b> 9:45 BBET 10:00 Morning Update 10:30 Exercise 11:00 Sensory <b>2:30 Fireside Chat, BP</b>	<b>1</b> 9:45 BBET 10:00 Morning Update 10:30 Exercise 11:00 Noodle Ball <b>2:30 Football &amp; Popcorn</b> 4:00 Room Visits	<b>2</b> 10:00 Update 10:30 Fun & Fitness 11:00 Nail Care 1:30 Room Visits 2:30 Ball & Snack 4:00 Room Visits
<b>10</b> 9:30 Update 10:00 Art Expression 11:00 Kickball 2:00 Nail Care 3:15 Hymn Sing 4:15 Vespers	<b>11</b> 9:45 Update 10:00 Exercise 11:00 Scott Steelman 1:30 Room Visits 2:00 Corn Hole 2:45 Sing Along	<b>12</b> 9:30 <b>40's in the morning</b> 10:00 Art w/ Mary 11:00 Snack & Chat 1:45 One on One 2:00 Devotions	<b>13</b> 9:45 Move & Groove 10:00 BINGO fun 10:40 Mary Miller 11:15 Fun in Fitness 2:00 Social Hour w/Snack	<b>14</b> 10:00 Update 10:30 Exercise 11:00 Sensory <b>2:00 Valentines Party</b> 4:00 Room Visits	<b>8</b> 9:45 BBET <b>10:00 Metro Parks, 2nd fl.</b> 11:00 Kerplunk <b>2:30 Football &amp; Popcorn</b> 4:00 Room Visits	<b>9</b> 10:00 Update 10:30 Fun & Fitness 11:00 Nail Care 1:30 Country Kitchen
<b>17</b> 10:00 Bake Shop 10:30 Morning Update 11:00 Stretching 2:00 Nail Care 3:15 Hymn Sing 4:15 Vespers	<b>18</b> 9:45 Update 10:00 Exercise 10:30 Reminiscing 11:00 Scott Steelman 2:00 Corn Hole, 2fl 2:45 Sing Along	<b>19</b> 9:30 <b>40's in the morning</b> 10:00 Art w/ Mary 11:00 Snack & Chat 1:45 One on One 2:00 Devotions	<b>20</b> 9:30 Move & Groove 10:00 Mark Cambden 11:00 <b>Jumbo Ring Toss</b> 1:45 Room Visits 2:30 Movie & Popcorn	<b>21</b> 9:45 BBET 10:00 Morning Update 10:30 Exercise 11:00 Sensory <b>11:30 Women's Luncheon</b> <b>2:30 Fireside Chat, BP</b>	<b>22</b> 9:45 BBET 10:00 Morning Update 10:30 Exercise 11:00 Kerplunk <b>2:30 Football &amp; Popcorn</b> 4:00 Room Visits	<b>16</b> 10:00 Update 10:30 Fun & Fitness 11:00 Nail Care 1:30 Room Visits 2:30 Ball & Snack 4:00 Room Visits
<b>24</b> 9:30 Update 10:00 Art Expression 11:00 Kickball 2:00 Nail Care 3:15 Hymn Sing 4:15 Vespers	<b>25</b> 9:45 Update 10:00 Exercise 10:45 People BINGO 1:30 Room Visits 2:00 Corn Hole, 2fl 2:45 Sing Along	<b>26</b> 9:30 <b>40's in the morning</b> 10:00 Art w/ Mary 11:00 Snack & Chat 1:45 One on One 2:00 Devotions	<b>27</b> 9:30 Move & Groove 10:00 BINGO fun 11:00 Brain Games 1:45 Room Visits 2:30 Social Hour w/Snack	<b>28</b> 10:00 Update 10:30 Exercise 11:00 Sensory <b>2:30 Fireside Chat, BP</b> 4:00 Room Visits	<b>23</b>  <b>10:00 Family Interactive meeting</b> 11:00 Nail Care 1:30 Country Kitchen 2:30 Ball & Snack	



**Wesley Ridge Retirement Community**  
2225 Taylor Park Drive  
Reynoldsburg, Ohio  
43068



**Life Enrichment Coordinator**  
Richelle Bhandari #501-1305

Program Calendar may be subject to change at any time.