

January 2019

ENGLISH GARDEN 1 AT WESLEY RIDGE PROGRAM CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Happy New Year 10:00 Art w/ Mia 11:00 Snack & Chat 1:30 Room Visits 2:00 Devotions 3:30 T- Stretching	2 9:45 Update 10:00 Exercise 11:00 Brain Games 1:45 Room Visits 2:30 Social Hour	3 9:45 BBET 10:00 Morning Update 10:30 Exercise 11:00 Sensory 2:00 Table Volleyball 4:00 Room Visits	4 9:45 BBET 10:00 Morning Update 10:30 Exercise 11:00 Board Game 2:00 Balloon Fun 3:00 Name that Tune	5 10:00 Update 10:30 Fun & Fitness 11:00 Nail Care 1:30 Room Visits 2:30 BINGO & Snack 4:00 Room Visits
6 10:00 Morning Update 10:30 Stretching 11:00 Nail care 2:00 Bake Shop 3:15 Hymn Sing 4:15 Vespers	7 9:45 Morning Update 10:00 Exercise 11:00 Reminiscing 1:30 Room Visits 2:00 Corn Hole, 2fl 2:45 Sing Along	8 10:00 Art w/ Mary 11:00 Snack & Chat 2:00 Devotions 3:00 Mary Kerr	9 9:45 Update 10:00 Exercise 10:40 Mary Miller 1:45 Room Visits 2:30 Social Hour 3:00 Plants Alive	10 9:45 BBET 10:00 Morning Update 10:30 Exercise 11:00 Sensory 2:00 Table Volleyball 4:00 Room Visits	11 9:45 BBET 10:00 Blacklick, 2nd fl. 10:30 Exercise 11:00 Board Game 2:00 Balloon Fun 3:00 Name that Tune	12 10:00 Update 10:30 Fun & Fitness 11:00 Nail Care 1:30 Room Visits 2:30 BINGO & Snack
13 10:00 Bake Shop 10:30 Morning Update 11:00 Stretching 2:00 Nail Care 3:15 Hymn Sing 4:15 Vespers	14 9:45 Update 10:00 Exercise 11:00 Scott Steelman 1:30 Room Visits 2:00 Corn Hole, 2fl 2:45 Sing Along	15 10:00 Art w/ Mary 11:00 Snack & Chat 1:30 Room Visits 2:00 Devotions 3:30 T- Stretching	16 9:45 Update 10:00 Mark Cambden 11:00 Fun in Fitness 11:30 Brain Games 2:30 Social Hour	17 10:00 Update 10:30 Exercise 11:00 Sensory 11:30 Men's Luncheon, 2:00 Table Volleyball 4:00 Room Visits	18 10:00 Morning Update 10:30 Exercise 11:00 Board Game 2:00 Rose Party, KC 3:00 Name that Tune	19 10:00 Update 10:30 Fun & Fitness 11:00 Nail Care 1:30 Room Visits 2:30 BINGO & Snack 4:00 Room Visits
20 10:00 Morning Update 10:30 Stretching 11:00 Nail care 2:00 Bake Shop 3:15 Hymn Sing 4:15 Vespers	21 9:45 Update 10:00 Exercise 10:30 Reminiscing 11:00 Scott Steelman 1:30 Room Visits 2:00 Corn Hole, 2fl 2:45 Sing Along	22 9:45 BBET 10:00 Art w/ Mary 11:00 Snack & Chat 2:00 Devotions 2:30 Price is Right, 2fl 3:00 Mary Kerr	23 9:45 Update 10:00 Exercise 11:00 Brain Games 1:45 Room Visits 2:30 Social Hour 4:00 Room Visits	24 9:45 BBET 10:00 Morning Update 10:30 Exercise 11:00 Sensory 2:00 Table Volleyball 4:00 Room Visits	25 9:45 BBET 10:00 Morning Update 10:30 Exercise 11:00 Board Game 2:00 Balloon Fun 3:00 Name that Tune 4:00 Room Visits	26 10:00 Update 10:30 Fun & Fitness 11:00 Nail Care 1:30 Room Visits 2:30 BINGO & Snack
27 10:00 Bake Shop 10:30 Morning Update 11:00 Stretching 2:00 Nail Care 3:15 Hymn Sing 4:15 Vespers	28 9:45 Update 10:00 Exercise 10:45 Famous People BINGO 1:30 Room Visits 2:00 Corn Hole, 2fl 2:45 Sing Along	29 9:45 BBET 10:00 Art w/ Mary 11:00 Snack & Chat 2:00 Devotions 2:30 Name that Tune, 2fl 3:30 T- Stretching	30 9:45 Update 10:00 Exercise 11:00 Brain Games 1:45 Room Visits 2:30 Social Hour 6:30 Elvis, KC	31 10:00 BBET 10:00 Morning Update 10:30 Exercise 11:00 Sensory 2:00 Table Volleyball 4:00 Room Visits	Aroma Hand Wash 12:30 & 5:00	Life Enrichment Staff: Effie Haag Mia Lewis



**Wesley Ridge Retirement
Community**
2225 Taylor Park Drive
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**Life Enrichment
Coordinator**
Richelle Bhandari #501-1305

**Program Calendar may be
subject
to change at any time.**